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ABOUT THE PRESS & IMPRINTS



Evolving planetary consciousness with breakthrough books in ecology, sustainability, and psychedelic medicine.



Founded by Alexander "Sasha" Shulgin and his wife Ann Shulgin in 1991, Transform Press specializes in works on psychopharmacology, psychedelic drug research, and other material relating to psychoactive compounds.



MAPS is a leader in psychedelic research. Since 1986, MAPS has been on a mission to create safe, legal, and beneficial opportunities for psychedelics in medicine and society.



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SUSTAINABILITY & ECOLOGY

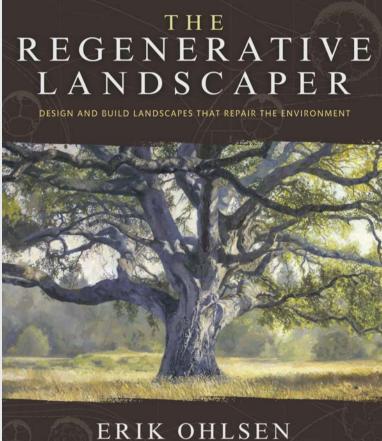
THE REGENERATIVE LANDSCAPER

DESIGN AND BUILD LANDSCAPES THAT REPAIR THE ENVIRONMENT

ERIK OHLSEN

FOREWORD BY PENNY LIVINGSTON

"An awe-inspiring guide that weaves together permaculture design, food resiliency, climate adaptation, community organizing, and indigenous wisdom that you can implement in your own backyard."



FOREWORD BY PENNY LIVINGSTON

FALL 2023 ISBN: 9781957869087 8 X 10 / 496 PP / 209,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST This book has been crafted for beginner gardeners and large-scale permaculturists alike. It is a step-bystep manual starting from your landscaping ideas and ending with seeds and trees confidently planted.

However, this is more than just a guide to landscaping, it is a motivational read. Throughout **The Regenerative Landscaper**, Erik addresses climate change, species extinction, and ecological collapse with the encouragement that each of us can indeed become stewards of the land. We can do this by installing healthy ecosystems in our own yards. His words offer hope and tangible action, inspiring his readers to restore planetary health one garden at a time.

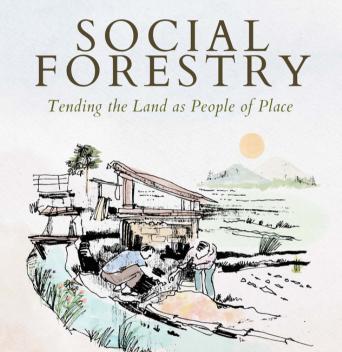
The Regenerative Landscaper gives a collection of case studies, step-by-step processes, prevention and mitigation methods, and regenerative land management techniques to steward your land. If you are looking for an easy-to-read manual on designing and implementing your permaculture haven, *The Regenerative Landscaper* is it.

Erik Ohlsen is a master of regenerative design, an internationally recognized Permaculture teacher, a landscape contractor, author, farmer, herbalist, storyteller, and practitioner of Nordic folk traditions. Since 1999 Erik has founded numerous organizations that regenerate ecosystems including his award-winning design and build firm Permaculture Artisans and The Permaculture Skills Center where hundreds of students around the world learn ecological landscaping and regenerative agriculture.

SOCIAL FORESTRY TENDING THE LAND AS PEOPLE OF PLACE

TOMI HAZEL VAARDE FOREWORD BY STARHAWK

"**Social Forestry: Tending the Land as People of Place** is a must-have for anyone wanting to have a reciprocating relationship with their communities, themselves, and, most importantly, their awe-inspiring forests and landscapes."



TOMI HAZEL VAARDE Foreword by Starhawk

SPRING 2023 ISBN 9781957869063 8 X 10 / 496 PP / 150,000 WORDS / 31 FOUR-COLOR POSTERS & 54 IMAGES RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST **Social Forestry** connects villages and communities to their forests and adjoining bodies of water. It includes information on forest management, protection, and regeneration of deforested lands with the objective of improving rural, environmental, and social development. Through ecological assessment, carbon sequestration, and generating wildcrafts, people can re-establish their wonder in the woods.

Author Tomi Hazel Vaarde, collaborator of Siskiyou Permaculture, uses poetry, photographs, drawings, and data to outline philosophies and concepts of Social Forestry. By weaving culturally sensitive stories, myths, and lessons from a range of customs and traditions including North American Indigenous communities and Vaarde's own Quaker upbringing, they explore how holistic land and community management approaches can facilitate resolution of some of our most dire local and global crises. Vaarde's work is critical to overcoming eco-grief while instilling necessary changes to the West Coast landscape for fire mitigation and restoration of complex forest systems for generations to come.

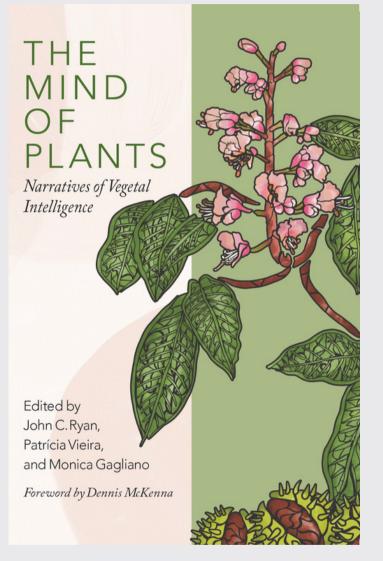
After having earned degrees in Forestry and Systematic Botany from Syracuse University and SUNY College of Forestry in 1969, **Tomi Hazel Vaarde** taught Wild Edible Plants and Woodslore at Laney College in Oakland, California, in the early 1970s. After helping Bill Mollison teach the first Permaculture Design Course at Evergreen State College in 1982, they have been instrumental in teaching and spreading Permaculture practices.

THE MIND OF PLANTS

NARRATIVES OF VEGETAL INTELLIGENCE

EDITED BY JOHN C. RYAN, PATRÍCIA VIEIRA, AND MONICA GAGLIANO FOREWORD BY DENNIS MCKENNA

"An invitation to rethink what we mean by intelligence and reevaluate our place in Nature with open minds and renewed humility."



FALL 2021 ISBN: 9780907791874 6 X 9 | 528 PP | 161,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST The Mind of Plants is a vibrant and poignant collection of writings at the forefront of plant consciousness studies—ranging in scope from the ways in which humans mind and unmind plants, to the chemical, social, and spiritualminds of plants themselves. Featuring the work of over 50 contributors including biologists, ethnobotanists, chemists, anthropologists, philosophers, writers, and artists from diverse cultural backgrounds, this volume offers cuttingedge insights into the various meanings and dimensions of the mind of plants.

Organized alphabetically by common plant name, evoking old herbaria, this book follows the guiding threads of the vegetal kingdom to explore the vanguard fields of ethno-botany, ethnopharmacology, plant behavior and cognition, and critical plant studies. From the ubiquitous apple to the ceremonial ushpawasha sanango, the essays, poems, narratives, and personal reflections within these pages chart the diverse interactions between humans and flora—leading to a deeper understanding of our interconnectedness with the plant world.

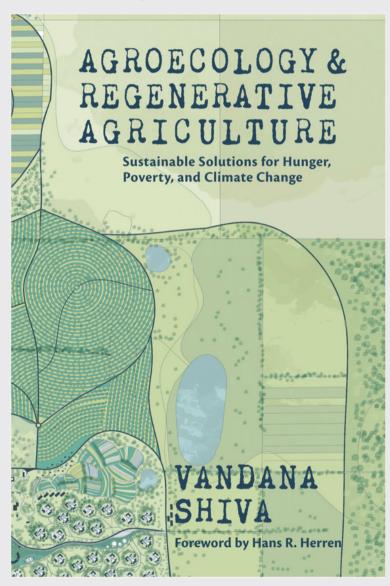
Featuring a foreword by **Dennis McKenna**, and writings from over 54 expert contributors, the book's editors, **John C. Ryan**, **Patrícia Vieira**, and **Monica Gagliano**—each of whom also contribute works to the collection—weave together essays, personal reflections and poems paired with over 54 original and intricate illustrations by artist **José María Pout**.

AGROECOLOGY & REGENERATIVE AGRICULTURE

SUSTAINABLE SOLUTIONS FOR HUNGER, POVERTY, AND CLIMATE CHANGE

VANDANA SHIVA FOREWORD BY HANS R. HERREN

"Highlighting many examples of agrarian distress within land and people, this book is a much needed clarion call for why biodiverse organic farming makes sense at a human and planetary level."



SPRING 2022 ISBN: 9780907791935 6 X 9 | 344 PP | 102,000 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: GERMAN PDF AVAILABLE UPON REQUEST Featuring the work of Navdanya, an organization founded by Dr. Vandana Shiva that promotes agroecology, seed freedom, and a vision of Earth Democracy that seeks justice for the Earth and all living beings, this work serves as a guidebook for agriculture scientists, policymakers, environmentalists, and every individual who cares about their own health as well as the vitality of the planet.

Agroecology & Regenerative Agriculture provides a detailed analysis of the multiple planetary dilemmas we face due to chemical and industrial agriculture, including land degradation, water depletion, biodiversity erosion, climate change, agrarian crises, and health crises while also focusing on practical and evidence-based solutions. Those solutions include methods of using biodiversity-based organic farming to regenerate soil, conserve water, increase climate change resilience, and ensure food security in rural populations.

Dr. Shiva takes an organized approach to these wide-ranging topics and provides practical knowledge that can inform the future of agriculture and sustainable food systems. With detailed scientific evidence, this book shows how ecological agriculture based on working with nature can regenerate the planet, the rural economy, and our health.

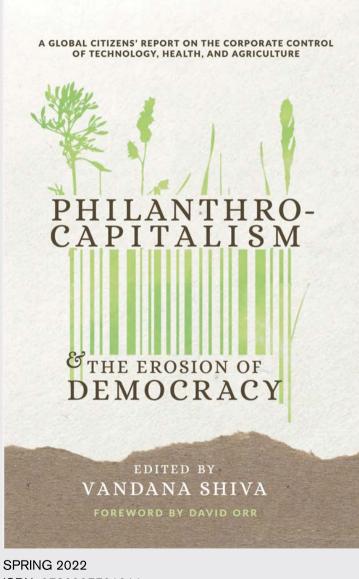
Vandana Shiva is an author, physicist, ecologist, and advocate of biodiversity conservation and farmers' rights. Her pioneering work around food sovereignty, traditional agriculture, and women's rights created fundamental cultural shifts in how the world views these issues.

PHILANTHROCAPITALISM & THE EROSION OF DEMOCRACY

A GLOBAL CITIZENS' REPORT ON THE CORPORATE CONTROL OF TECHNOLOGY, HEALTH, AND AGRICULTURE

EDITED BY VANDANA SHIVA FOREWORD BY DAVID ORR

"A chilling and meticulously documented exposé of the reckless and devastatingly dangerous use of philanthropy by the technophile capitalists who are clueless about the needs of living people and the living earth."



ISBN: 9780907791911 6 X 9 | 312 PP | 80,000 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: GERMAN PDF AVAILABLE UPON REQUEST As the world's billionaire class reaps record profits and global inequalities further divide nations and communities, this anthology pulls back the curtain on how ruthless capitalistic exploitation branded as philanthropic altruism forges a direct path to global destruction. *Philanthrocapitalism & the Erosion of Democracy* calls to account problematic initiatives that serve to corrode the integrity of democratic institutions, often under a banner of future-oriented innovation. This book lays bare the destructive power of overly capitalistic systems that enable mass human suffering and environmental catastrophe via the entanglement of private investment and public policy.

Also by Vandana Shiva

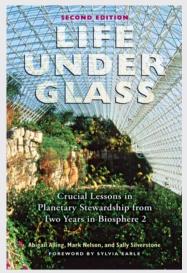
Reclaiming the Commons: Biodiversity, Indigenous Knowledge, and the Rights of Mother Earth



Biodiversity, Indigenous Knowledge, and the Rights of Mother Earth

THE COMMONS

VANDANA SHIVA Foreword by Ronnie Cummins ISBN: 9780907791782 6 X 9 | 324 PP + 8-PP 4/C PHOTO INSERT | 92,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST

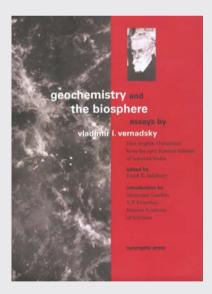


LIFE UNDER GLASS Crucial Lessons in

Planetary Stewardship from Two Years in Biosphere 2

ABIGAIL ALLING, MARK NELSON, AND SALLY SILVERSTONE

ISBN: 9780907791768 6 X 9 | 275 PP | 60,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST



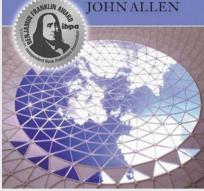
GEOCHEMISTRY AND THE BIOSPHERE

Essays by Vladimir I. Vernadsky

VLADIMIR VERNADSKY

ISBN: 9780907791362 6 X 9 | 480 PP | 150,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST

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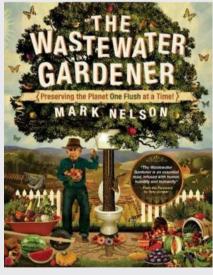


ME AND THE BIOSPHERE

A Memoir by the Inventor of Biosphere 2

JOHN ALLEN

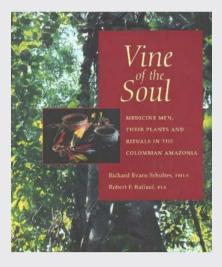
ISBN: 9780907791379 8 X 10 | 336 PP | 100,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST



THE WASTERWATER GARDENER

Preserving the Planet One Flush at a Time MARK NELSON

ISBN: 9780907791515 6 X 9 | 232 PP | 55,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST

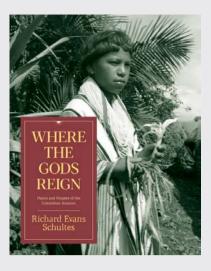


VINE OF THE SOUL

Medicine Men, Their Plants and Rituals in the Colombian Amazonia

RICHARD EVANS SCHULTES AND ROBERT F. RAFFAUF

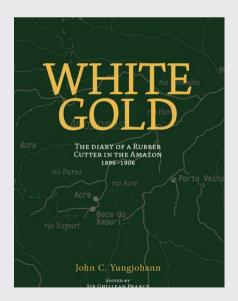
ISBN: 9780907791317 8 X 10 | 290 PP | 65,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST



WHERE THE GODS REIGN Plants and People of the Colombian Amazon

RICHARD EVANS SCHULTES

ISBN: 9780907791133 8 X 10 | 312 PP RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST



WHITE GOLD

The Diary of a Rubber Cutter in the Amazon (1896–1906)

John C. Yungjohann Edited by Sir Ghillean Prance

ISBN: 9780907791164 6 X 9 | 104 PP | 40,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST



CONSCIOUSNESS & PSYCHEDELICS

HOW TO CHANGE YOUR BODY

THE SCIENCE OF INTEROCEPTION & HEALING THROUGH CONNECTION TO YOURSELF & OTHERS

SAGA BRIGGS FOREWORD BY JULIE HOLLAND

"How to Change Your Body provides an enlightening discourse on the missing piece of the mind-body relationship—our need for social connection."

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FALL 2023 ISBN: 9781957869100 6 X 9 / 242 PP / 80,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST Emerging from a written article for the MIND European Foundation for Psychedelic Science, this book combines expert interviews from leading institutions around the world such as Johns Hopkins and Oxford, independent research, and lived experience, connecting the dots of three timely themes: interoception, psychedelics, and mental health.

Drawing from the latest research on interoception —which examines how our sense of self arises from subjective appraisal of bodily signals, and how those appraisal habits develop in childhood—this book argues for a reframing of depression, anxiety, PTSD, and other "mental health" issues as social-emotional illnesses rooted in the body.

It then harnesses psychedelic science to show how interoception can be altered by psychoactive substances, providing an additional framework for understanding their therapeutic benefits.

Above all, this is a book about connection between humans, among disciplines, and within the mind-body. Appealing to a wide range of readers, this book is perfect for anyone interested in wellness, science, therapy bodywork, mental health, mind-body integration, and the intersection of psychedelic and mental health.

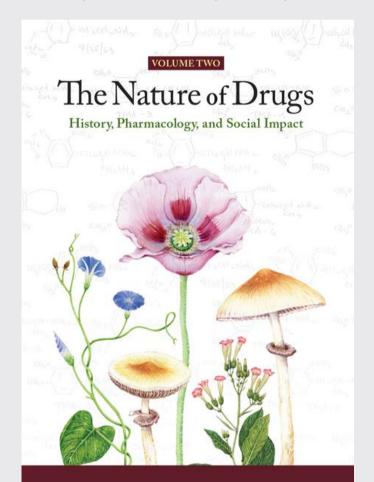
Saga Briggs is a freelance journalist. Her articles on interoception and psychedelics have been published by *Scientific American, Aeon+Psyche*, and *DoubleBlind* magazine. Originally from the Pacific Northwest, she moved to Berlin in 2018 on a gut feeling and continues to move that way.

THE NATURE OF DRUGS, VOLUME 2

HISTORY, PHARMACOLOGY, AND SOCIAL IMPACT

ALEXANDER SHULGIN AFTERWORD BY DAVID E. PRESTI

"**The Nature of Drugs: History, Pharmacology, and Social Impact, Volume 2**, presents lectures from Alexander 'Sasha' Shulgin's popular course on what drugs are, how they work, how they are processed by the body, and how they affect our society."



Alexander Shulgin

SPRING 2023 ISBN: 9780999547250 6 X 9 | 504 PP | 176,750 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST Transcribed from the original lectures recorded at San Francisco State University in 1987, *The Nature of Drugs* series highlight Alexander Shulgin's engaging lecture style peppered with illuminating anecdotes and amusing asides. Ostensibly taught as an introductory course on drugs and biochemistry, these books serve as both a historical record of Shulgin's teaching style and the culmination of his philosophy on drugs, psychopharmacology, states of consciousness, and societal and individual freedoms pertaining to their use, both medicinal and exploratory.

Building on the introductory lectures in **The Nature of Drugs, Volume 1**, this second volume contains extensive examinations of dozens of compounds, featuring lectures 9 through 23 of the course.

The Nature of Drugs series presents the story of humanity's relationship with psychoactive substances from the perspective of a master psychopharmacologist and beloved luminary in the study of chemistry, pharmacology, and consciousness.

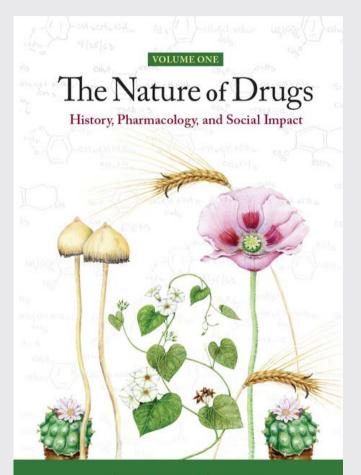
Alexander "Sasha" Shulgin (June 17, 1925– June 2, 2014) was an American medicinal chemist, biochemist, organic chemist, pharmacologist, psychopharmacologist, and author. He is credited with introducing MDMA (Ecstasy or Molly) to psychologists in the late 1970s for psychopharmaceutical use, and for the discovery, synthesis, and personal bioassay of over 230 psychoactive compounds for their psychedelic and entactogenic potential.

THE NATURE OF DRUGS, VOLUME 1

HISTORY, PHARMACOLOGY, AND SOCIAL IMPACT

ALEXANDER SHULGIN FOREWORD BY MARIAVITTORIA MANGINI

"**The Nature of Drugs: History, Pharmacology, and Social Impact, Volume 1**, presents lectures from Alexander 'Sasha' Shulgin's popular course on what drugs are, how they work, how they are processed by the body, and how they affect our society."



ALEXANDER SHULGIN Foreword by Mariavittoria Mangini

SPRING 2022 ISBN: 9780999547212 6 X 9 | 368 PP | 112,000 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: ITALIAN PDF AVAILABLE UPON REQUEST Transcribed from the original lectures recorded at San Francisco State University in 1987, **The Nature of Drugs** series highlights Dr. Shulgin's engaging lecture style peppered with illuminating anecdotes and amusing asides. Ostensibly taught as an introductory course on drugs and biochemistry, these books serve as both a historical record of Shulgin's teaching style and the culmination of his philosophy on drugs, psychopharmacology, states of consciousness, and societal and individual freedoms pertaining to their use, both medicinal and exploratory.

The Nature of Drugs, Volume 1 features course lectures 1 through 8 and offers Shulgin's view on the origin of drugs, the history of U.S. drug law enforcement, human anatomy, the nervous system, the range of drug administrations, varieties of drug actions, memory and states of consciousness, and research methods. It lays the groundwork for Shulgin's philosophy on psychopharmacology and society.

The Nature of Drugs series presents the story of humanity's relationship with psychoactive substances from the perspective of a master psychopharmacologist and beloved luminary in the study of chemistry, pharmacology, and consciousness.

Alexander "Sasha" Shulgin (June 17, 1925– June 2, 2014) was an American medicinal chemist, biochemist, organic chemist, pharmacologist, psychopharmacologist, and author. He is credited with introducing MDMA (Ecstasy or Molly) to psychologists in the late 1970s for psychopharmaceutical use, and for the discovery, synthesis, and personal bioassay of over 230 psychoactive compounds for their psychedelic and entactogenic potential.

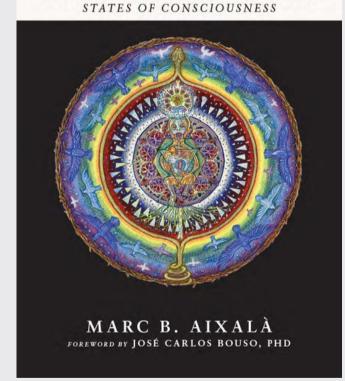
PSYCHEDELIC INTEGRATION

PSYCHOTHERAPY FOR NON-ORDINARY STATES OF CONSCIOUSNESS

MARC B. AIXALÀ FOREWORD BY JOSÉ CARLOS BOUSO, PHD

"**Psychedelic Integration: Psychotherapy for Non-Ordinary States of Consciousness** is a trailblazing guidebook for anyone interested in psychedelic-assisted therapy and integration."





FALL 2022 ISBN: 9780907791393 6 X 9 / 448 PP / 143,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST When psychologist and psychotherapist Marc B. Aixalá began fielding questions from people around the world seeking help integrating their own psychedelic experiences, he couldn't find a singular source of collected research and support. What began as an attempt to help others became Psychedelic Integration, a work that traces the evolution of psychedelic-assisted therapy and integration research from the 1960s to the present moment, explains therapeutic techniques, and outlines a clinician's real-world observations on the deep work of healing. Written for practitioners and the generally curious, this book offers 11 metaphors for understanding integration and concisely explains the seven dimensions of integration, which Aixalá sees as part of a process inextricably linked to preparation and the psychedelic session experience.

Psychedelic Integration outlines foundational practices like rest and nutrition, spiritual approaches including water rituals and tarot, embodied techniques of dance and singing, and frameworks including Holotropic Breathwork, Gestalt therapy, and integration circles.

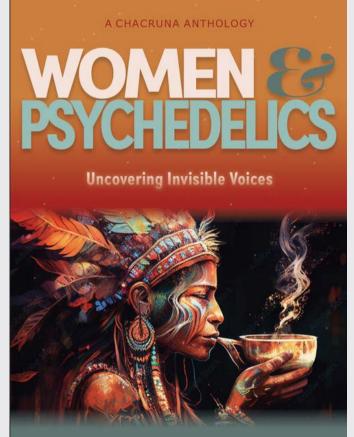
Marc B. Aixalà is a telecommunications engineer, psychologist, psychotherapist, and certified Holotropic Breathwork facilitator specializing in supporting people who face challenging experiences with expanded states of consciousness. Since 2013, in collaboration with the International Center for Ethnobotanical Education, Research, and Service (ICEERS), Aixalá has offered integration psychotherapy sessions for those seeking support after psychedelic experiences.

WOMEN AND PSYCHEDELICS

UNCOVERING INVISIBLE VOICES

EDITED BY ERIKA DYCK, PATRICK FARRELL, BEATRIZ C. LABATE, CLANCY CAVNAR, IBRAHIM GABRIELL, AND GLAUBER LOURES DE ASSIS FOREWORD BY KAT HARRISON

"This collection of short essays examines the place of women in the history of psychedelics. While some of the subjects are pioneers in their own right, the authors in this collection go beyond merely adding women to the past in psychedelic history, exploring some of the significant ways that women have contributed to psychedelic knowledge."



EDITED BY ERIKA DYCK, PATRICK FARRELL, BEATRIZ CAIUBY LABATE, CLANCY CAVNAR, IBRAHIM GABRIELL & GLAUBER LOURES DE ASSIS

SPRING 2024 ISBN: 9781957869124 6 X 9 / 336 PP / 81,800 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: SPANISH Blending historical and anthropological approaches with a series of captivating interviews, **Women and Psychedelics** taps into women's networks from around the world and throughout the 20th century. It reveals some of the sophisticated and creative ways women have influenced our understanding of psychedelics and how they will continue to protect these stories as we face our psychedelic future.

Intentionally moving beyond an American set of stories, teasing out networks in Latin America, this collection brings together authors from the **Chacruna Institute** and **Chacruna Latinamérica** to engage readers in conversations that move across time and place throughout the Americas. It is the first of its kind to balance non-English contributions through translation of stories exploring different cultural contexts outside the United States, where women have contributed to this enduring history.

The Chacruna Institute for Psychedelic

Medicines provides public education about psychedelic plant medicines and promotes a bridge between the ceremonial use of sacred plants and psychedelic science. As psychedelics go mainstream, Chacruna curate critical conversations about controversial and marginalized topics in the space.

QUEERING PSYCHEDELICS

FROM OPPRESSION TO LIBERATION IN PSYCHEDELIC MEDICINE

EDITED BY ALEX BELSER, CLANVY CAVNAR, AND BEATRIZ C. LABATE

"As psychedelic-assisted therapy gains traction in popular culture and through policy reforms, **Queering Psychedelics: From Oppression to Liberation in Psychedelic Medicine** aims to foster accessibility and diversity in psychedelic science, practice, and discourse."

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WINTER 2023 ISBN: 9781957869032 6 X 9 / 344 PP / 104,700 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: SPANISH By addressing and dismantling sexist, heteronormative, transphobic, and homophobic forms of oppression in the psychedelic community, this collection lays groundwork for an inclusive future. **Queering Psychedelics** features a broad range of perspectives from queer academic researchers, LGBTQIA+ clinicians, and indigenous and transgender advocates.

Each of the 38 essays-from some of the contemporary movement's most influential leaderspresents insights into cultural heritages and historical contexts, implications for research and clinical work, and discussions of the healing potential of psychedelic medicine. Covering topics of consent, privilege, intersectionality and identity, Queering Psychedelics grapples with how modern psychedelic research might address the unique needs and traumas of sexual and gender minoritiespopulations that can suffer from challenging mental health conditions brought on by social exclusion, pathologization, criminalization, and stigmatization. Integrating indigenous outlooks on psychedelics, gender roles, and identity while aligning them with those of other marginalized groups including women, people of color, the disabled, and the impoverished, this book interrogates the continuing radical potential of queer psychedelia in today's era of assimilation, paving the way for an inclusive and intersectional world.

The Chacruna Institute for Psychedelic Medicines provides public education about psychedelic plant medicines and promotes a bridge between the ceremonial use of sacred plants and psychedelic science. As psychedelics go mainstream, Chacruna curate critical conversations about controversial and marginalized topics in the space.

PSYCHEDELIC JUSTICE

TOWARD A DIVERSE AND EQUITABLE PSYCHEDELIC CULTURE EDITED BY BEATRIZ C. LABATE AND CLANCY CAVNAR

"Who is included, who has safe access, who has the power and privilege of participating, dispensing, and using psychedelics, are crucial issues and questions that must be brought to the fore."

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FALL 2021 ISBN: 9780907791850 6 X 9 | 256 PP | 61,000 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: SPANISH PDF AVAILABLE UPON REQUEST Within the last decade, psychedelics have assimilated into the mainstream, even becoming a multimillion dollar industry. As psychedelic medicine integrates into our widespread capitalist culture, the question of what forces will gain control and shape the direction of the psychedelic renaissance is front and center. In this pivotal time, with so many new players emerging, those who believe that psychedelics can transform society are being challenged to define, and embody, the values that will shape this growing movement.

The essays in **Psychedelic Justice** examine both historical and modern issues within psychedelic communities that many may not be aware of. Radical, cultural transformtion is the guiding force behind this socially visionary anthology. It guides us in cultivating a psychedelic culture that represents everyone, honors voices that have been suppressed for too long, and envisions a more beautiful tomorrow through the psychedelic lens.

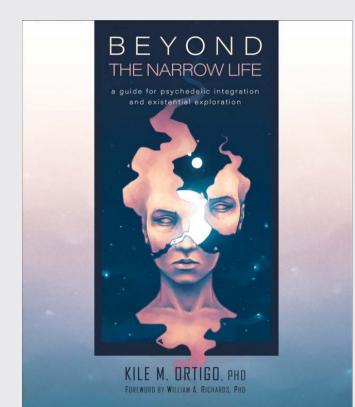
The Chacruna Institute for Psychedelic Medicines provides public education about psychedelic plant medicines and promotes a bridge between the ceremonial use of sacred plants and psychedelic science. As psychedelics go mainstream, Chacruna curate critical conversations about controversial and marginalized topics in the space.

BEYOND THE NARROW LIFE

A GUIDE FOR PSYCHEDELIC INTEGRATION AND EXISTENTIAL EXPLORATION

KILE M. ORTIGO, PHD FOREWORD BY WILLIAM A. RICHARDS, PHD

"This is cosmic awareness meets practical assignment; paradoxical yet well balanced."



SPRING 2022 ISBN: 9780907791836 7.5 X 9.5 | 456 PP | 160,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST With the second renaissance and re-emergence of psychedelics in western society, the public and therapists alike are confronting new areas of exploration with few comprehensive models available to aid in the profound process of integrating such mystical-like experiences into one's daily life. Psychedelic-assisted psychotherapy offers one useful model for this work, but access to even traditional therapy is limited due to expense and inadequate specialized training relevant to psychedelic experiences.

Beyond the Narrow Life seeks to thread a needle by addressing significant themes elicited by psycho-spiritual and therapeutic use of psychedelics while avoiding merely preaching to the choir. This book explores common themes that emerge during psychedelic journeys by integrating several frameworks, ranging from evidence-based therapy to Jungian depth psychology, existential philosophy, comparative mythology, and scientific understandings of the cosmos. Instead of a dry overview of these various concepts, Dr. Ortigo gently guides the reader through an awe-inspiring journey that also confronts the deeper questions we all face as humans in this modern time.

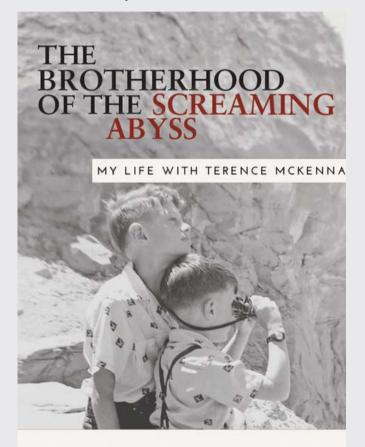
Kile M. Ortigo, PhD, is a clinical psychologist and founder of the Center for Existential Exploration, which supports people exploring profound questions about identity, meaning, life transitions, and psychospiritual development. He also serves on advisory boards of Psychedelic Support, an online training and clinician directory for legal, psychedelic-informed care, and Project New Day, a non-profit organization providing harm reduction resources for people using psychedelics in their addiction recovery process.

THE BROTHERHOOD OF THE SCREAMING ABYSS

MY LIFE WITH TERENCE MCKENNA

DENNIS MCKENNA FOREWORD BY BRUCE DAMER

"A gripping tale of brotherhood, psychedelic experimentation, and the intertwining nature of science and myth."



DENNIS MCKENNA Foreword by Bruce Damer

WINTER 2023 ISBN: 9781957869018 6 X 9 / 520 PP / 208,000 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: GERMAN, ITALIAN Tracing their childhood in western Colorado during the 1950s and 1960s, **Dennis McKenna** chronicles his and his brother Terence's adolescent adventures and formative encounters with mind-altering substances, along with the people ideas that shaped them both. Dennis, now world-renowned for his ethnobotanical work, describes his early interests in cosmology and astrology, his sometimes rocky relationship with his older brother, how their paths diverged later in life, and his mother's and Terence's battles with cancer.

In his account of what has become known as "The Experiment at La Chorrera"-which Terence documented in his own 1989 book, *True Hallucinations*-Dennis describes visions of merging mushroom and human DNA, the brothers' predictions for the future, and their evolving ideas about society and consciousness. In this updated edition, Dennis also reflects on scientific revelations, climate change, and the social and political crises of our time.

Featuring a new foreword by **Dr. Bruce Damer**, **The Brotherhood of the Screaming Abyss** is a gripping tale of brotherhood, psychedelic experimentation, and the intertwining nature of science and myth.

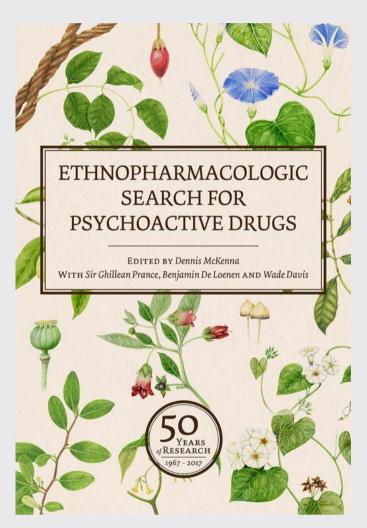
Dennis McKenna is an icon amongst psychedelic explorers, working to inspire the next generation of ethnobotanists in the search for new medicines for the benefit of humanity and the preservation of the biosphere.

THE ETHNOPHARMACOLOGIC SEARCH FOR PSYCHOACTIVE DRUGS

50 YEARS OF RESEARCH / VOLUMES ONE AND TWO

EDITED BY DENNIS MCKENNA

WITH SIR GHILLEAN PRANCE, BENJAMIN DE LOENEN, AND WADE DAVIS



FALL 2018 ISBN: 9780907791683 7 X 11 | 832 PP | 200,000+ WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST In June of 2017, an international group of specialists in ethnopharmacology, chemistry, botany, psychology, and anthropology met to discuss their findings of the last 50 years and assess the potential future for investigations into traditional plant-based medicines.

Certain plants have long been known to contain healing properties and used to treat everything from depression and addiction, to aiding in on one's own spiritual well-being for hundreds of years. Can Western medicine find new cures for human ailments by tapping into indigenous plant wisdom? And why the particular interest in the plants with psychoactive properties?

These two conference volume proceedings provide an abundance of answers. **ESPD50** is the defining scholarly publication on both past and current research with psychotropic plant substances for medicinal, therapeutic, and spiritual uses.

Dennis McKenna is an icon amongst psychedelic explorers, working to inspire the next generation of ethnobotanists in the search for new medicines for the benefit of humanity and the preservation of the biosphere.

THE UNFOLDING SELF

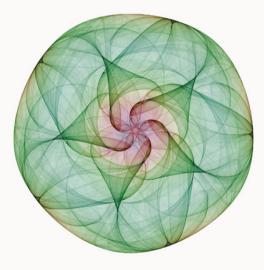
VARIETIES OF TRANSFORMATIVE EXPERIENCE

RALPH METZNER

"Transformative experiences are as unique as they are profound, yet each portrays universal truths about human nature."

THE UNFOLDING SELF

VARIETIES OF TRANSFORMATIVE EXPERIENCE



RALPH METZNER

SPRING 2022 ISBN: 9780907791959 6 X 9 | 392 PP | 127,000 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: SPANISH PDF AVAILABLE UPON REQUEST Drawing from multiple disciplines ranging across the world's cultures (beginning with his collaborations with Dr. Timothy Leary and Richard Alpert at Harvard University in the early 1960s), Dr. Metzner explores subtle concepts using a tapestry of myth, allegory, and historical context.

The Unfolding Self promises to provide its reader with valuable tools to become "wise, impartial judges" in their process of transformation into becoming a more integrated and fulfilled person. Readers who immerse themselves in these masterful descriptions can catalyze their own process of evolution.

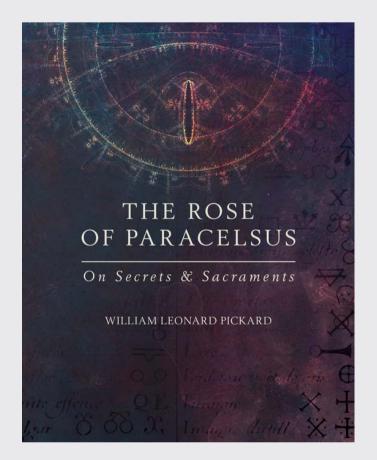
No comparable psychology of spirituality exists that draws from such a rich lifework of scholarship, experiment, and spiritual practice. Drawing from multiple disciplines and ranging across the world's cultures, Dr. Metzner goes beyond his roots in transpersonal psychology to uncover universal structures of spiritual transformation. Readers who immerse themselves in these masterful descriptions can catalyze their own process of evolution.

Ralph Metzner was a recognized pioneer in psychological, philosophical, and cross-cultural studies of consciousness. He obtained his PhD in Clinical Psychology at Harvard University where he collaborated with Timothy Leary and Richard Alpert. Additionally, Dr. Metzner was Professor Emeritus at the California Institute of Integral Studies, where he taught for 30 years.

THE ROSE OF PARACELSUS

ON SECRETS & SACRAMENTS WILLIAM LEONARD PICKARD

"Other than LSD, it's quite possibly the most psychedelic thing you'll ever find on paper."



SPRING 2022 ISBN: 9781957869162 7.5 X 9.25 | 654 PP | 250,000 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: ITALIAN PDF AVAILABLE UPON REQUEST Handwritten over four years from maximum-security federal prison cells, *The Rose of Paracelsus* is a unique work of psychedelic literature that explores the potential of human cognition.

This book follows a Harvard graduate student and researcher as he uncovers an intricate, global psychedelic network through encounters with "the Six"—a group of clandestine LSD chemists who synthesize planetary-scale batches of the substance, traversing states of consciousness and advancing human evolution.

From Cambridge to Moscow, Oxford to Zürich, Princeton to Mazar-i-Sharif and Bangkok, this book illuminates lifestyles within a rare and elusive organization, one that has evolved special gifts: advanced capacities of thought, memory, and perception.

William Leonard Pickard is a former drug policy fellow at Harvard's Kennedy School of Government, a research associate in neurobiology at Harvard Medical School, and deputy director of the Drug Policy Analysis Program at the University of California, Los Angeles (UCLA).

Alleged by United States federal agencies to have produced "90% of the world's LSD" in 2000, Pickard was convicted of conspiracy to manufacture and distribute, and served 20 years of his two life sentences, during which time he wrote this book. Presently, he is a senior advisor for the biotechnology investment firm JLS Fund and the Fireside Project.

PSYCHE UNBOUND

ESSAYS IN HONOR OF STANISLAV GROF

EDITED BY RICHARD TARNAS AND SEAN KELLY FOREWORD BY RICK DOBLIN

"A tour de force, weaving together insights into the transformative nature of consciousness throughout—and beyond—our lifespan."

PSYCHE Unbound

ESSAYS IN HONOR OF STANISLAV GROF



EDITED BY RICHARD TARNAS AND SEAN KELLY FOREWORD BY RICK DOBLIN

WINTER 2022 ISBN: 9780998276526 6 X 9 | 456 PP | 158,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST

Psyche Unbound is an extraordinary compilation of 22 essays that honor the pathbreaking lifework of Stanislav Grof, MD, PhD, the world's leading researcher in psychedelic-assisted therapy, breathwork, and the exploration of non-ordinary states of consciousness. This Festschrift features contributions from thought leaders of the last five decades, including a piece from Joseph Campbell's 1971 lecture in the Great Hall at Cooper Union and Huston Smith's 1976 summary of Grof's work as it relates to the study of religion and mysticism. More recent writing includes reflections by renowned psychiatrists and researchers that discuss the importance of Grof's contributions on the current wave of interest and research into psychedelicassisted therapies and alternative states of consciousness. Edited by Richard Tarnas, PhD, and Sean Kelly, PhD, Psyche Unbound includes essays that explore Grof's work on numerous fronts including transpersonal sexual experiences, implications for social and cultural change, comparative studies with Asian religious systems, the perinatal dimensions of Jean-Paul Sartre's transformational 1935 mescaline experience, and parallel findings from quantum and relativistic physics.

Richard Tarnas is the founding director of the graduate program in Philosophy, Cosmology, and Consciousness at CIIS. Formerly the director of programs and education at Esalen Institute in Big Sur, he is a graduate of Harvard University (AB 1972) and Saybrook Institute (PhD 1976).

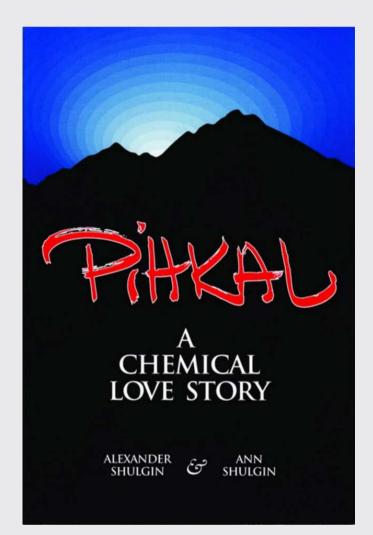
Sean Kelly received his PhD in Religious Studies from the University of Ottawa in 1988. Before teaching at CIIS, he taught religious studies at the University of Windsor, the University of Ottawa, and Carleton University (Canada).

PIHKAL

A CHEMICAL LOVE STORY

ALEXANDER SHULGIN & ANN SHULGIN

Featured in the Netflix documentary How to Change Your Mind



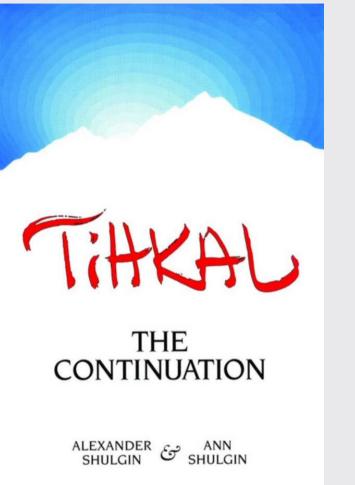
ISBN: 9780963009609 6 X 9 | 978 PP | 200,000+ WORDS UNITS SOLD: 128K+ RIGHTS AVAILABLE: WORLD RIGHTS SOLD: GERMAN, SPANISH, PORTUGUESE, ITALIAN PDF AVAILABLE UPON REQUEST **PIHKAL: A Chemical Love Story** has become a foundational work in the psychedelic genre and was the first book to fully impart the how-to chemistry and convey the effects of many of the entheogenic drugs that are currently being studied and used to heal trauma and deal with death. An acronym for "Phenethylamines I Have Known and Loved," the book spans autobiography, organic chemistry, politics, ethnobotany, and psychopharmacology, and its cultural impact is likely to be just as profound in the decades to come as it has already been.

Alexander "Sasha" Shulgin, PhD (1925–2014) was one of the most pioneering chemists of the 21st century. He is most often remembered for his discovery and synthesis of MDMA (Ecstasy), a drug Shulgin suggested would be a powerful aid in therapy. A bold explorer of the frontiers of neurochemistry, Shulgin tested the majority of the substances he synthesized on himself, his coresearcher and wife Ann, and a small circle of trusted friends.

Ann Shulgin (1931–2022) cofounded Transform Press in 1991 with her husband, Sasha Shulgin, out of their shared passion and commitment to an uncensored examination of psychoactive compounds. Through the Press they c-authored and published *PIHKAL: A Chemical Love Story* (1991) and *TIHKAL: The Continuation* (1997), the two cult classics based on their psychedelic experiences. They also contributed jointly to several other publications including, *The Secret Chief, The Secret Chief Revealed, Entheogens and the Future of Religion,* and *Ecstasy: The Complete Guide*.

TIHKAL

THE CONTINUATION ALEXANDER SHULGIN & ANN SHULGIN



ISBN: 9780963009692 6 X 9 | 804 PP | 200,000+ WORDS UNITS SOLD: 85K+ RIGHTS AVAILABLE: WORLD RIGHTS SOLD: GERMAN, SPANISH PDF AVAILABLE UPON REQUEST **TIHKAL: The Continuation** is the sequel to PIHKAL: A Chemical Love Story but can stand alone to any reader. Where PIHKAL focuses on a class of compounds called phenethylamines, **TIHKAL** is written about a family of psychoactive drugs known as tryptamines, with TIHKAL being an acronym for "Tryptamines I Have Known and Loved." Like its predecessor, this book is divided into two parts. The first part of the book begins with the story of Alice and Shura, a fictionalized autobiography, which picks up where the first volume leaves off, opening with the story about the DEA raid that occurred a few years after the publication of PIHKAL.

The Shulgins lifework has also been featured in two Netflix documentary series: *The Business of Drugs* (2020) and *How to Change Your Mind* (2022).

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THE SECRET CHIEF REVEALED

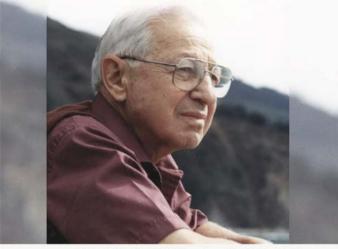
CONVERSATIONS WITH LEO ZEFF, PIONEER IN THE UNDERGROUND PSYCHEDELIC THERAPY MOVEMENT

MYRON J. STOLAROFF

"The therapeutic results attained from Zeff's method constitute an important argument in medical circles: whether again to liberate psychedelics for psychotherapeutic practice."

CONVERSATIONS WITH LEO ZEFF, PIONEER IN THE UNDERGROUND PSYCHEDELIC THERAPY MOVEMENT

SECRET CHIEF



REVEALED

MYRON J. STOLAROFF Featuring Stanislav Grof, Albert Hofmann, Ann Shulgin, and Alexander Shulgin

ISBN: 9798985012217 6 X 9 | 152 PP | 75,000 WORDS RIGHTS AVAILABLE: WORLD RIGHTS SOLD: CZECH PDF AVAILABLE UPON REQUEST Leo Zeff (1912–1988) was a pioneering psychedelic therapist and researcher focused on LSD, MDMA, and other psychoactive drugs. He conducted much of his work and practice underground after psychedelics were declared illegal in the 1960s. By the time he turned 70, Zeff was single-handedly responsible for the introduction of psychedelic compounds in use globally among nearly 4,000 individual therapists/practitioners.

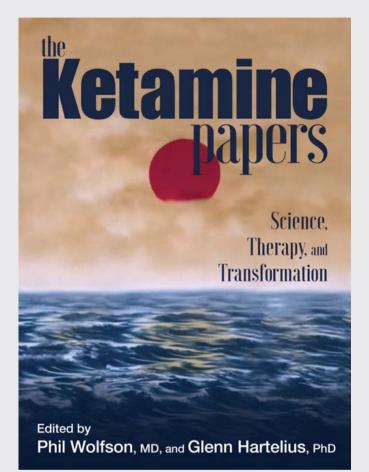
The Secret Chief Revealed is written as a transcription of an interview conducted in the 1980s with Zeff about his research, studies, and practice with psychedelic-assisted therapy. This revised edition includes thoughtful contributions on Zeff's lifework/research from other leaders in the psychedelic movement such as Albert Hofmann, discoverer of LSD; psychedelic researcher and author Stanislav Grov, a founder of transpersonal psychology; and Ann and Alexander Shulgin, renowned psychedelic researchers and authors, who also mention Zeff in *PIHKAL: A Chemical Love Story*.

Myron J. Stolaroff was a researcher and author best known for his work in psychedelic psychotherapy. In 1960, he founded the International Foundation for Advanced Study in Menlo Park, California. There, he studied the effects of mescaline, LSD, and other drugs on human creativity. Stolaroff also served on the board of the Albert Hofmann Foundation, as a consultant to the Heffter Research Institute, and as an advisory board member for the Center for Cognitive Liberty and Ethics.

THE KETAMINE PAPERS SCIENCE, THERAPY, AND TRANSFORMATION

EDITED BY PHIL WOLFSON, MD, AND GLENN HARTELIUS, PHD

"The effectiveness of ketamine-assisted psychotherapy has remained a relatively well-kept secret for decades, and this remarkable book brings it out of the shadows and into the light."

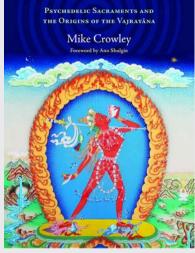


ISBN: 9780998276502 7 X 9.25 | 448 PP | 150,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST **The Ketamine Papers** opens the door to a broad understanding of this medicine's growing use in psychiatry and its decades of history providing transformative personal experiences. Now gaining increasing recognition as a promising approach to the treatment of depression, posttraumatic stress disorder (PTSD), and other psychological conditions, ketamine therapies offer new hope for patients and clinicians alike.

With multiple routes of administration and practices ranging from anesthesia to psychotherapy, ketamine medicine is a diverse and rapidly growing field. This book clarifies the issues and is an inspiring introduction to this powerful tool for healing and transformation—from its early use in the 1960s to its emerging role in the treatment of depression, suicidality, and other conditions. This comprehensive volume is the ideal introduction for patients and clinicians alike, and for anyone interested in the therapeutic and transformative healing power of this revolutionary medicine.

Phil Wolfson, MD, is Principal Investigator for a MAPS-Sponsored Phase 2, FDA-approved 18person study of MDMA Assisted Psychotherapy for individuals with significant anxiety due to life threatening illnesses. His clinical practice with ketamine has informed his role in the development of Ketamine Assisted Psychotherapy. Phil is an activist, psychiatrist/psychotherapist, writer, practicing Buddhist, and psychonaut living in the Bay Area. **Glenn Hartelius, PhD,** is Founding Director of the PhD in Integral and Transpersonal Psychology at the California Institute of Integral Studies (CIIS), where he serves as Associate Professor. His research on the definition and scope of transpersonal psychology has helped to define the field.

SECRET DRUGS OF BUDDHISM



PSYCHEDELIC

PSYCHOTHERAPY

A USER FRIENDLY GUIDE TO PSYCHEDELIC DRUG ASSISTED PSYCHOTHERAPY

R. COLEMAN

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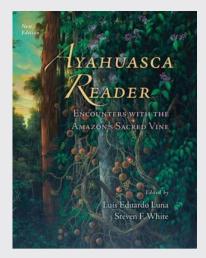
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THERAPIST AND PATIENT PERSPECTIVES ON MDMA-ASSISTED GROUP PSYCHOTHERAPY

TORSTEN PASSIE

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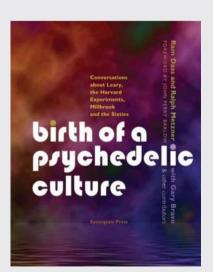
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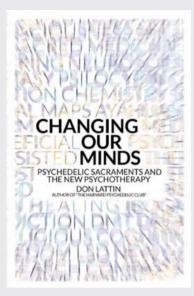


BIRTH OF A PSYCHEDELIC CULTURE

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CHANGING OUR MINDS

PSYCHEDELIC SACRAMENTS AND THE NEW PSYCHOTHERAPY DON LATTIN

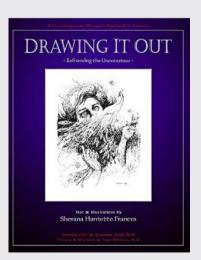
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Buddhism AND Psychedelics

n Alfan Bediner - Int rat

DRAWING IT OUT BEFRIENDING THE UNCONSCIOUS SHERANA HARRIETTE FRANCES

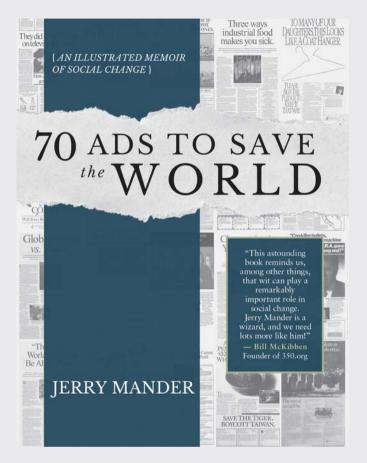
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CULTURAL STUDIES

70 ADS TO SAVE THE WORLD AN ILLUSTRATED MEMOIR OF SOCIAL CHANGE

JERRY MANDER

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FALL 2022 ISBN: 9780907791812 9 X 12 | 136 PP | 40,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST Chronicling his evolution from corporate advertising to non-profit and political advertising work, Jerry Mander takes readers on a journey through the origin stories of some of the most memorable antiestablishment campaigns from the second half of the 21st century.

Many of Mander's ads and campaigns for environmental and social justice issues were not only memorable decades ago, they also remain relevant today. As Mander explains in this book, he wrote several ads in the 1980s focused on abortion and reproductive rights for Planned Parenthood, and his team at Public Media Center took aim at the National Rifle Association in support of gun control. In 1966, Mander wrote an ad calling out the absurdity of a then newly announced Pentagon initiative to drop toys over Vietnam, which resulted in a visit from the FBI.

A trailblazer in the pre-internet age, Mander's strategies included bold calls to action, such as producing print ads that featured letters to legislators readers could clip out and mail, a tactic at the time more commonly reserved for retail coupons.

Jerry Mander spent more than 15 years in the advertising business, including five as president and partner of Freeman, Mander & Gossage in San Francisco—one of the most celebrated agencies in the United States. After leaving the commercial advertising industry, he achieved national recognition for his public service and environmental campaigns, leading the *Wall Street Journal* to call him the "Ralph Nader of Advertising."

THE BEAR IS MY FATHER

WISDOM OF A MUSCOGEE CREEK CARETAKER OF SACRED WAYS BEAR HEART AND REGINAH WATERSPIRIT

"I don't make the medicine, it was here before me. I've been entrusted to be a caretaker of certain sacred ways."



Wisdom of a Muscogee Creek Caretaker of Sacred Ways

Beartlea and Reginah WaterSpirit

WINTER 2022 ISBN: 9780907791898 6 X 9 | 192 PP | 51,000 WORDS RIGHTS AVAILABLE: WORLD PDF AVAILABLE UPON REQUEST **The Bear Is My Father** is considered a love story between Bear Heart and a community that stretches across the globe. This book celebrates the life, teachings, and legacy of **Marcellus "Bear Heart" Williams**, a Multi-Tribe Spiritual Leader and author of the critically acclaimed *The Wind Is My Mother*. This book is authored in part by Bear Heart himself, and coauthored by **Reginah WaterSpirit**, Bear Heart's medicine helper and late-life spouse of 23 years, whose intimate and insightful stories and reflections give a more personal portrayal of Bear Heart.

Marcellus "Bear Heart" Williams (1918–2008) was one of the last traditionally trained medicine persons of the Muscogee Creek Nation. His teachings wove together the knowledge of many traditions as Bear Heart was an ordained American Baptist Minister, Road Chief, and renowned spiritual counselor. Speaking 13 Native American tribal languages, Bear Heart was considered a Multi-Tribal Spiritual Leader and was called upon internationally for his healing work.

Reginah WaterSpirit was born in the Bronx, New York, and raised in Southern California. Her interest in psychospiritual paths led her to New Mexico and eventually to Bear Heart. Reginah worked with him as a medicine helper while they traveled in the United States, Europe, Mexico, and Canada for 23 years. They eventually married in a spiritual ceremony in Oklahoma. She is a member of The Earth Tribe, a community committed to the necessary truth that humans are but one among all species.





The Science of Sacred Landscape in Old China

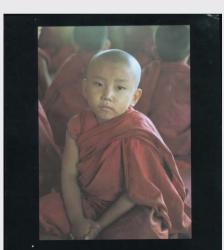


FENG-SHUI

THE SCIENCE OF SACRED LANDSCAPE IN OLD CHINA ERNEST J. EITEL

WITH COMMENTARY BY JOHN MICHELL

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The Renaissance of Tibetan Civilization

Christoph von Fürer-Haimendorf Foreword by the Dalai Lama

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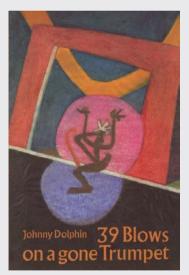
PERILOUS PASSAGE



PERILOUS PASSAGE

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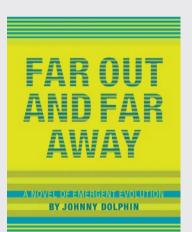
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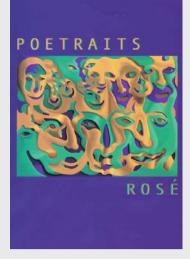
THE PEARL UPON THE CROWN ROSÉ

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JOURNEY AROUND AN EXTRAORDINARY PLANET

JOHN ALLEN

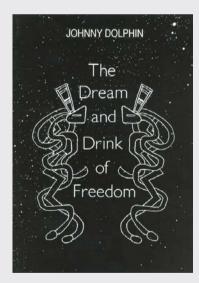
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POETRY LONDON/ APPLE MAGAZINE

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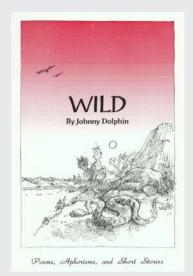
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THE DREAM AND DRINK OF FREEDOM

JOHN ALLEN

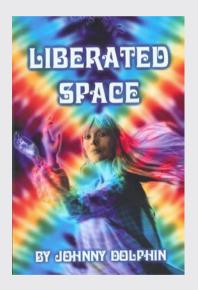
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WILD POEMS, APHORISMS, AND SHORT STORIES

JOHN ALLEN

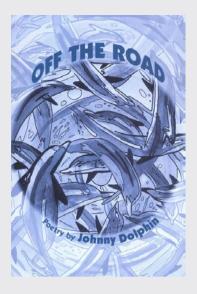
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LIBERATED SPACE

JOHN ALLEN

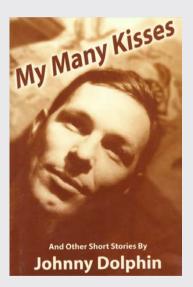
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OFF THE ROAD POETRY BY JOHNNY DOLPHIN

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